

# St. Patrick's Catholic Primary School

## NEWSLETTER

Dear Parent/Carers,

As we break up for half term I wish to thank all parents for their continued support. I would like to thank all parents, carers and grandparents who turned out to support our football team yesterday. The tournament took place at Rowley Park and was run by the Premier League. St Patrick's made it through to the semi finals beating St Anne's and St Austin's who are part of The Holy Trinity Multi Academy Company. Huge Congratulations to Emerson, Henry, Kyle, Luca, Noel, Noah, Cassius and Leighton. I'm proud of you all! Thank you to Ms AM Millward, Mr Carter-Brown, Mr Ward and Mr Hatton for organising and supporting the team .

Mrs Goodison

### Year 2 Science News

Year 2 have completed some excellent research and work on healthy eating over the past few weeks. We have created food journals, evaluated our own diets and this week we have used different food packaging to investigate how much sugar was in different types of food! Miss Vaz and Mrs Fisher are very impressed with your knowledge of how to make sure you have a 'balanced diet'. Well done!

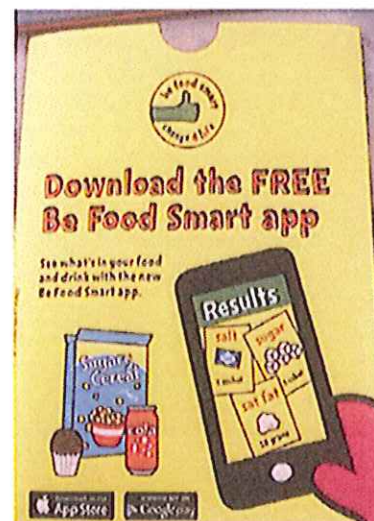


Over the last few weeks, as a whole school, we have been working closely with Progressive Sports to look at a healthy balanced diet and exercise.

The children have enjoyed discussing and creating their idea of a 'healthy lunch box or dinner.' It has been lovely to see the children interact with our healthy eating display as they go past, putting items in the correct place on the nutrition triangle.

For your information:

Change 4 life now has a smart app that can help us to see what's in our food; it's a very handy thing to have access to. You can also visit them online for recipes, local activities as well as lots of helpful information.



## Medicine

A number of parents/carers have recently requested if a member of staff could give their child medicine during the school day. To do this, medicine must be prescribed by a doctor, it needs to be given 4 times a day and a permission form is completed by the parent/carer. Medicine must not be sent in with your child-it must be handed in at the school office or at the KS1 gate. It can then be collected from your child's class teacher at home time. If you have any concerns, please do not hesitate to contact a member of the office staff.

## Stafford Rugby Club

Girls only Tag Rugby  
(non-contact)

U6-U10's

Saturday 18th February 2017 at 2pm  
(training to be held fortnightly)

To be held on the front pitch  
(by the doctor's surgery)

For further details, please contact  
Roger Wetton  
on  
07739 839813



We are collecting Sainsbury's Active vouchers.

Sadie celebrates  
Pancake Day

# Pancake Day

Choose a main meal...



Local Sausages, Creamy Mash & Gravy  
or  
Staffordshire Oatcakes with Cheese (V)

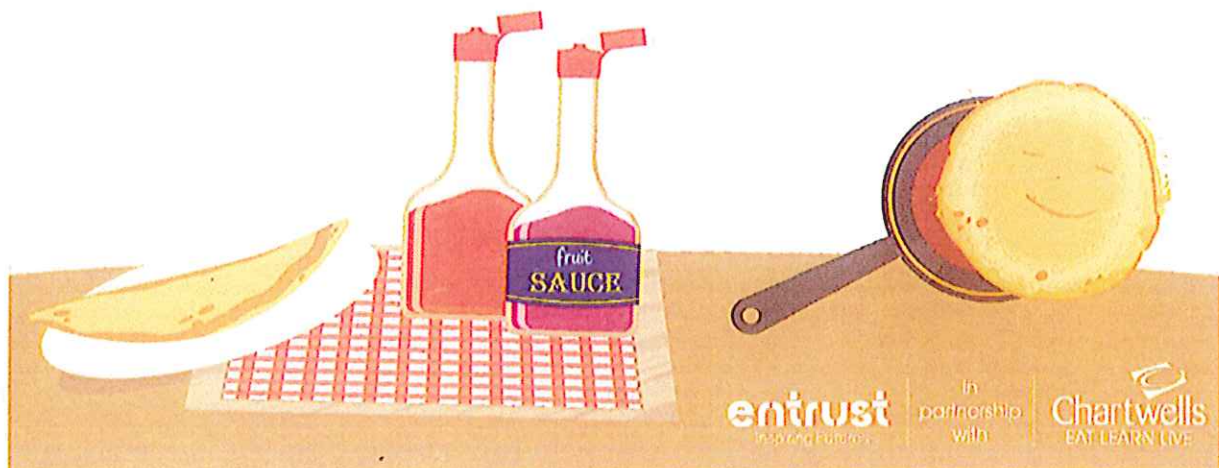
Jacket potatoes <sup>or</sup> sandwiches

On the side...

Fresh Carrots  
Sweetcorn

For dessert...

Pancake Topped with Ice-cream,  
and Fresh Fruit Sauce  
or  
Cooks Homemade Traybake



entrust  
Inspiring Futures

In  
partnership  
with

Chartwells  
EAT LEARN LIVE

Tuesday 28th February 2017

Please order on the day

Payment for KS2 pupils (£2.15) to be made via ParentPay